

## A WORD FOR THE MONTH.

## HOW DID YOU TAKE IT?

The following verses were found, written in shorthand, in an old Bible. There was no author's name attached:—

Did you tackle that trouble that came your way  
With a resolute heart and cheerful?  
Or hide your face from the light of day  
With a craven soul and fearful?  
Oh, a trouble's a ton or a trouble's an ounce  
Or a trouble is what you make it;  
And it isn't the fact that you're hurt that counts  
But only—How did you take it?

You are beaten to Earth; well, well, what's that?  
Come up with a smiling face;  
It's nothing against you to fall down flat  
But to lie there—that's disgrace.  
The harder you're thrown why the higher you  
bounce.

Be proud of your blackened eye!  
It isn't the fact that you're licked that counts;  
It's—How did you fight and why?

And though you be done to the death, what then?  
If you battled the best you could;  
If you played your part in the world of men  
Why the Critic will call it good.  
Death comes with a crawl or comes with a pounce  
And whether he's slow or spry  
It isn't the fact that you're dead that counts  
But only—How did you die?

## WHAT TO READ.

## MEMOIRS AND BIOGRAPHY.

- "The Last Days of Henri Quatre," Heinrich Mann.
- "Montague Rhodes James," S. G. Lubbock.
- "The Wolseley Heritage," Marjory Pegram.
- "Behold This Dreamer," Walter de la Mare.
- "Greek Memories," Compton Mackenzie.

## FICTION.

- "Blackberry Winter," Evelyn Hanna.
- "Family Ties," Marguerite Steen.
- "The Priory," Dorothy Whipple.
- "The Bride," Margaret Irwin.
- "Mighty City," Norah C. James.

## MISCELLANEOUS.

- "Tales of Old Inns," Richard Keverne.
- "My Kingdom for a Horse," Margaret Leigh.
- "Deeds That Held the Empire at Sea," A. D. Devine.

## LETTERS TO THE EDITOR.

*Whilst cordially inviting communications upon all subjects for these columns, we wish it to be distinctly understood that we do not in any way hold ourselves responsible for the opinions expressed by our correspondents.*

## WE NEED SUCH SPIRITS MORE AND MORE.

A Fellow of the British College of Nurses in Canada writes:

"I have always gladly supported the College, even when out of Nursing employment through sickness, before my marriage, and since, and my sympathies are still with the College and its many problems with which our nurses are in conflict at the moment.

My means are strictly limited with obligations growing at the present time here in Canada. Financial support I am now unable to give our British College. You won't need to ask me when the time should come that I may be able to financially support our College again.

Should I ever have to independently earn my living again I doubt if I could do any nursing again. I am only 48, and nursed for 27 years, but they were hard years, so I have not much physical strength left. I served with the Territorial Force Nursing Service 1914-1918, "Services Rendered" Pin number B.13694. Took Health Visitors' Diploma under Ministry of Labour 1920-21 when I was glad to relinquish pension, and somehow managed between intervals of rest to render good nursing work until 1934, when I married.

My husband's income is moderate, and a stepson of 15 years whose education costs are growing, and will be for the next few years, will need some sacrifices on both mine and my husband's part.

With care we can manage our local responsibilities, our Empire problems which have great urgency for support in these days when countries in Europe are falling about our heads. The Churches too here are left almost entirely to parochial financial support.

Very reluctantly, it is, I ask you to relieve me of financial obligations to the British College of Nurses for the time. It is a hard thing to ask you.

I realise the onus seems to be left on the working but busy nurses, and those very few nurses who have time and means to give the cause. There seems to be too many of us broken down physically (not in spirit) and with insufficient means to support what the Professional Registered Nurse should have within her power to demand, and obtain."

## KERNELS FROM CORRESPONDENCE.

## A Roll of Wardmaids.

"A Distracted Matron" writes: "Will you tell me where our wardmaids are to come from when the elementary schoolgirls are recruited for 'Assistant Nurses'? As it is, I and other Matron friends are often distracted to obtain sufficient domestic service for our hospitals, and, truth to tell, I often turn out and clean my own rooms, as I am particular about my surroundings. Or shall we have a Roll of Wardmaids? Personally a good wardmaid is worth her weight in gold, and I would much rather be associated with a skilled domestic worker than with a semi-trained nurse."

## Quid Pro Quo.

"We are a family of nurses and devoted to our work, as well our 'daily' knows. Being a lady of wit, she threatens if we are not 'good girls,' to 'go on the Roll and cut us out.' This is her fun, but many of these people have an eye to the main chance and recognition, pensions, and uniform, and, no doubt, badges and royal patronage will be acquired by them with little expenditure of time or trouble in the future."

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## PRIZE COMPETITION QUESTION FOR SEPTEMBER.

What diet is now prescribed in Disease of the Liver and Biliary System?

We regret we are unable to award a Prize this month, no paper of sufficient merit having been received.

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